

First Responders Basic Peer Support 40 Hour Training with Certificate

March 07-11, 2022

HOSTED BY

BRAVE POLICE AND PUBLIC SAFETY WELLNESS CENTER

DR. ROBIN KROLL

BOARD CERTIFIED POLICE SAFETY PSYCHOLOGIST



WHAT IS PEER SUPPORT?

The goal of peer support is to provide all public safety employees the opportunity to receive emotional and tangible support through times of personal or profession crisis and to help anticipate and address potential difficulties

(IACP PEER SUPPORT GUIDELINES, 2016)

WHAT DO I NEED OTHER THAN A GREAT ATTITUDE?

-Wear Gym Clothes

-First Responders Yoga & Guided Meditation Exercises

-Light Breakfast Provided

-1 Hour Lunch on Your Own

-Friday Pizza Party

March 07-11, 2022

8:00 AM – 4:00 PM

6323 N AVONDALE AVE #111B

COST: \$650.00

Power Point | Role Playing | Videos & Speakers

Day 1: Developing a Peer Program, Peer Support Skills, being a Resilient Peer Supporter, Role Play, Speaker

Day 2: Depression, Loss, Diversity, Relationships, Stress Management, Role Play, Speaker

Day 3: Yoga, Grief and Mourning, Line of Duty Death & Notification, Understanding Trauma, Role Play

Day 4: Critical Incidents, CISM, Understanding EMDR & Neurofeedback as treatment approaches, Role Play

Day 5: Substance Abuse, Suicide, Disengaging, Speaker And more...

We Can't wait to Meet You!

***Training Certificate Included**

SUPPORT | INSPIRE | MAKE A DIFFERENCE

NOTHING COMPARES TO THE POWER OF PEERS

**REGISTER BY FEBRUARY 18, 2022
LIMITED TO 25 REGISTRANTS**

Register at:
drrobinkroll@gmail.com
Or Call: 847-778-9322
www.bravewellnesscenter.com